

***U16 Boys Tryout Camp***

April 3-4, 2018

**(Open to athletes born in 2002 only)**

Location: NLSC, St. John's

Tuesday: 2:00-4:00pm

Wednesday: 1:30pm-3:00pm / 4:30-6:00pm

Pre-Registration Fee: \$80.00

**Deadline to Register is March 26<sup>th</sup>, 2018**

Athletes selected for the 2018 U16 Boys program will compete in one off island competition. Head Coach: Dave Banfield

***U16 Girls Tryout Camp***

April 3-4, 2018

**(Open to athletes born in 2002 only)**

Location: NLSC, St. John's

Tuesday: 12:00pm-2:00pm / 4:00pm-6:00pm

Wednesday: 1:30pm-3:00pm

Pre-Registration Fee: \$80.00

**Deadline to Register is March 26<sup>th</sup>, 2018**

Athletes selected for the 2018 U16 Girls program will compete in one off island competition. Head Coach: TBT

***Midget Boys (U15) Tryout Camp***

April 3-5 2018

**(Open to athletes born in 2003 – 2004 only)**

Location: NLSC, St. John's

Tuesday: 2:00pm-4:00pm (fitness testing)

Wednesday: 12:00pm-1:30pm / 4:30-pm-6:00pm

Thursday: 2:00pm-4:00pm

Pre-Registration Fee: \$80.00

**Deadline to Register is March 26<sup>th</sup>, 2018**

Athletes selected for the 2018 Midget Boys' program will compete at the National Championships on August 6-11 2018 in Kamloops, BC. The teams will also go on at least 1 off island trip before Nationals in July. Head Coach: Steve Ryan

***Newfoundland & Labrador  
Basketball Association  
2018 Provincial Team Tryouts***



**Provincial Team Tryout Camps for:  
Midget Boys and Girls;  
U16 Boys and Girls & U14 Boys and Girls  
Site: NLSC, 100 Crosbie Road, St. John's, NL  
April 3-5, 2018**

***Midget Girls' (U15) Tryout Camp***

April 3-4, 2018

**(Open to athletes born in 2003 – 2004 only)**

Location: NLSC, St. John's

Tuesday: 12:00pm-2:00pm (fitness testing)/ 4:00pm-6:00pm

Wednesday: 12:00pm-1:30/3:00pm-4:30pm

Pre-Registration Fee: \$80.00

**Deadline to Register is March 26<sup>th</sup>, 2018**

Athletes selected for the 2018 Midget Girls' program will compete at the National Championships on August 6-11, Fredericton, NB. The teams will also go on at least 1 off island trip before Nationals in July. Head Coach: Doreen Pond

The NLBA requires all athletes to list other provincial teams/clubs they are involved with on the registration form in the appropriate place. If an athlete is involved in more than one activity during the training period it could lead to unnecessary injuries due to over exertion. The Head Coach has the ability to take this into account when making final selections.

***U14 Girls Tryout Camp***

April 4-5, 2018

**(Open to athletes born in 2004 – 2005 only)**

Location: NLSC, St. John's

Wednesday: 3:00pm-4:30pm

Thursday: 12:00pm-2:00pm / 4:00pm-6:00pm

Pre-Registration Fee: \$65.00

**Deadline to Register is March 26<sup>th</sup>, 2018**

Athletes selected for the 2018 U14 Girls Provincial Team will compete in an off-island tournament sometime in July. Head Coach: Angela Torraville

***U14 Boys Tryout Camp***

April 3-5, 2018

**(Open to athletes born in 2004 – 2005 only)**

Locations: WVH and NLSC, St. John's

Tuesday: 5:30pm-7:15pm @ **Waterford Valley High,  
St. John's**

Thursday: 12:00pm-2:00pm / 4:00pm-6:00pm @ **NLSC**

Pre-Registration Fee: \$65.00

**Deadline to Register is March 26<sup>th</sup>, 2018**

Athletes selected for the 2018 U14 Boys Provincial Team will compete in an off-island tournament sometime in July. Head Coach: Matt Bruce

**U14 Provincial Programs**

The U14 Provincial Program is for athletes born in 2004-2005 only. Athletes outside this age group (born in 2006) must have the coach's permission in order to attend the camp.

U14 athletes wishing to tryout out for U15 team must register and pay for both the U14 and U15 tryout. They will attend the U15 tryout sessions on Tuesday and Wednesday and go to only the Thursday U14 tryout sessions.

**Please bring basketball and reversible jersey. Tryouts will take place at the Newfoundland and Labrador Sports Center on Crosbie Road, St. John's**

**Refund Policy: All payments made through PayPal are subject to the deduction of the PayPal fee charged to the NLBA. All cancellations must be in writing and are subject to the following conditions:**

- **\$10.00 Non-Refundable Administration Fee:** There will be \$10.00 administrative fee for any athlete who withdraws prior to the March 26<sup>th</sup> deadline.
- **No refunds after the March 26<sup>th</sup> Deadline.**
- **NO SHOWS – NO REFUND!**

**Program Notes:**

- This is a provincial tryout camp and athletes are asked to be prepared physically and mentally for the sessions. Aerobic fitness is critical for most sports as it serves as a basis for all other energy systems. COME FIT!
- Unfortunately, the government does NOT support the Midget programs who travel to nationals financially. The cost of each program is fundraised by the athletes during the few months prior to competition. The cost associated with a program varies and may range from \$3,000.00 – \$3,500.00. Early selections of provincial athletes allow local coaches, communities and schools to assist with the fundraising.
- Government does not support the development programs (U14 or U16), so the cost for each is fundraised totally by the athletes / parents during the few months prior to competition and may range from \$1,500.00 – \$2,000.00.
- Athletes selected to a provincial program may be expected to re-locate to a training site for 3 - 4 weeks prior to departure for the competition. Accommodations and all costs associated with relocation is the responsibility of the individual athletes and the families involved.

- In both small and large communities athletes enter the tryout camps assuming they will make the program. Unfortunately, this is not always the case. Parents and coaches are asked to discuss the program with their athletes / children and prepare them for the possibility of not been selected. In some cases, athletes have a difficult time adjusting and accepting the decision made by the coaching staffs. Discussion prior to the camp will better prepare the athletes in the eventuality they are not selected.
- In isolated cases over the years athletes have been known to depart from a program for one reason or another once they have been selected. This places an additional burden on the program regarding the financial and personnel aspects of the program. After the coaching staff prepares a budget the departure of one or more athletes has serious implications on that program. The NLBA is attempting to make all athletes aware of the commitment required to compete at this level. **The NLBA executive may subject athletes, departing from a program, to some form of discipline once the case is investigated**
- Athletes should be aware of the commitment prior to entering the tryout camps. Any funds paid / raised in the athletes account will remain with that program after the athletes' departure.
- **Parents are asked to read this entire brochure before signing and forwarding the application to the office.**
- The deadline may vary for each program. All applications must be in the office on or before the date indicated.
- Head Coaches may reduce the number of athletes during the final session of the camp. Athletes who are cut for the final session will not be refunded any portion of their registration fees.

- The NLBA requires that all athletes are to list all other Provincial teams / clubs they are competing with. After reviewing if NLBA / coach feel it's in the best interest of your child because of overuse injuries, time commitments, etc. we have the right not to accept athlete.
- Testing may include the Beep Test, Vertical Jump, Max Push up test, 300 M shuttle run, etc. Athletes should come prepared and in shape for the program they wish to enter. Not applicable for the U14 & U16 programs.

**Contracts for both athletes and parents will be circulated for signatures once the coaches make their final selections.**

Please complete the attached application and forward along with your payment to.

**NLBA  
1296A Kenmount Road  
Paradise, NL A1L 1N3**

If faxing, please fax to 709-576-8787. Send original in mail along with a cheque to the address above, or you can scan and email application and **pay online through PayPal @ <http://www.nlba.nf.ca/hm-makepayment.php>**. A link will be on the home page for registration and payment.

All registration forms **MUST** be received in the provincial office prior to the March 26<sup>th</sup> deadline. For additional information, please visit our web site at [www.nlba.nf.ca](http://www.nlba.nf.ca) or contact our office at 709-576-0247 (telephone) or 709-576-8787 (fax).

Coaches / Administrators are asked to please copy this brochure and forward it to athletes in their respective clubs or schools. **The NLBA will not be accepting on-site registration for any of the enclosed tryouts.**