

Appendix “A”

Teams from up to 9 regions will compete at the NL Games. Regions are geographically defined as follows (regional team color in brackets):

1. **St. John's/North (Red)** - St. John's and north to Cape St. Francis, Bell Island, Torbay, Portugal Cove-St. Philips and Petty Harbour-Maddox Cove.

2. **Mount Pearl/South (Indigo Blue)** - Mount Pearl, Paradise, and all communities on the Southern Shore from Bay Bulls to Trepassey inclusive.

3. **Avalon (Ash Grey)** - generally, all communities on the Avalon Peninsula and Isthmus of Avalon which are not included in the St. John's/North and Mount Pearl/South regions, up to but excluding Arnold's Cove. This includes Conception Bay South to Holyrood; the Conception Bay north shore (Conception Harbour to Grates Cove); the Trinity shore (Old Perlican to Blaketown) and up but excluding Arnold's Cove; the areas surrounding Long Harbour, Whitbourne, and Placentia; the Cape Shore and St. Mary's Bay up to but excluding Trepassey.

4. **Eastern (Sand)** - northwest of and including Arnold's Cove, including the Bonavista Peninsula, the Burin Peninsula west to Pool's Cove inclusive; Clarenville and northeast to Gambo but not including Gambo.

5. **Central (Maroon)** - Gambo and west to Hampden, north to Notre Dame Bay and south to the south coast. This includes Bonavista North (Hare Bay, Wesleyville, Musgrave Harbour, Gander Bay); Gander; Fogo Island; Twillingate, Lewisporte; Botwood; Bishop's Falls; Grand Falls - Windsor south to Harbour Breton; west of Harbour Breton to include François; east of Harbour Breton to (but exclusive of) Pool's Cove; Springdale and the Baie Verte Peninsula south to Hampden.

6. **Western (Royal Blue)** - west of Hampden, including the Northern Peninsula, and all communities west of François.

7. **Labrador (Forest Green)** - all parts of Labrador.

8. **Host Region (White)** - shall be defined on a Games-by-Games basis by the Recreation and Sport Division. For the 2018 Winter Games it is the Town of Deer Lake.

9. ***St. Pierre & Miquelon*** - invited to participate.