



Newfoundland and Labrador Basketball Association
1296A Kenmount Road, Paradise, NL A1L 1N3
(709) 576-0247 Telephone (709) 576-8787 Fax
Email: nlba@sportnl.ca, lchatman@sportnl.ca, jbyrne@sportnl.ca
Website: www.nlba.nf.ca



Newfoundland and Labrador Basketball Association 2017 Canada Summer Games Team Selection Criteria

INTRODUCTION

The Canada Summer Games is a quadrennial event that brings together over 3000 of the nation's top young athletes to compete in 21 different sports. All 13 provinces and territories participate in what is the largest regular multi-sport event in Canada. The event takes place July 28th to August 13th, 2017 in Winnipeg, Manitoba.

PHILOSOPHY

- To use the Canada Summer Games (CSG) as a platform to create a cohesive coaching and athlete development network across the province of Newfoundland & Labrador.

MISSION

- To improve team ranking from 2013
- To develop and prepare athletes and coaches for the next level of competition.
- To develop the sport of basketball in NL

VALUES

- To identify athletes with potential to be successful in the sport and assist with the mission of the program.
- To support identified athletes to develop to their full potential within the sport.
- To support the development of coaches in order to establish a sound network of coaches for the future.

TEAM STRUCTURE AND SIZE

- Team Newfoundland & Labrador will consist of 12 male and 12 female athletes with 3 alternates per gender. Alternates will not travel with the team to the CSG unless the alternate is replacing a team athlete who has been deemed ineligible to attend due to an injury or unforeseen circumstances. The coach has the ability to reduce the amount of alternates with the executive's approval.

SELECTION COMMITTEE

The Selection Committee will consist of 3 members of the Executive Board or representatives appointed by the board for each gender. Team selections for each program will be completed by the coaching staff but must be approved by the Selection Committee. The ultimate authority for selection decisions rests with the appointed Selection Committee for each respective gender.

SELECTION COMMITTEE PROCESS

- Each Selection Committee will appoint a chair from the 3 appointees.
- The head coach will meet with the Selection Committee after the tryouts and prior to announcing the final roster.
- The coaching staff will be provided the opportunity to rationalize all or any athletes selected or not selected to the final roster during the meeting.
- The Selection Committee will have the final say if there is any disagreement between the coaches and the committee.

ELIGIBILITY

- Athletes must be members in good standing with the NLBA at the time of qualification and must remain in good standing until completion of the Games.
- Athletes must meet all eligibility requirements as set out in the NL Canada Games Technical manual and the NLBA.
- Athletes must meet all requirements as set out in the NLBA's Code of Conduct and Behavior Guidelines. Athletes must also meet the requirements as set out in Canada Basketballs Code of Conduct and Medical Waiver.
- Athletes must be born in 2000 or 2001 to be eligible for the games. Athlete's younger than this age must have board approval to attend the final tryout camp.

4-YEAR IDENTIFICATION PROCESS

The NLBA will identify athletes though it's being our Best Program 4 years prior to all Canada Games. Athletes will enter the pathway at the grade 7-8 age and enter the Development stage of the program. During the summer athletes will have an opportunity to compete with the U14 Provincial team.

Athletes may spend 1-2 years at this skill development age prior to entering the High Performance Program, where they will spend the year training to prepare for the U15 Midget Nationals.

The year prior to the Games coaches will train athletes at the U16 level to prepare them for the final 2- years of the selection process. During the summer prior to the games the athletes may be mixed with U17 and U16 athletes to attend the U17 National Championships.

The final selections in the year of the games may be made during the Christmas vacation (7-8 months prior to the games) or during the Easter Week vacation (4-5 months prior to games). Alternates will also be named at this time.

SELECTION CRITERIA

Selection to the NLBA Programing and ultimately the final team for the Canada Games is an on-going 4-year process.

In selecting athletes for the program the Selection Committee and coaches will consider the following:

OFF-THE-COURT ATTRIBUTES- BEHAVIOUR

- Demonstrated commitment and passion to playing provincially and at the national level.
- Demonstrated commitment to a lifestyle conducive to the training and preparation for, and playing of provincial and national basketball.
- Demonstrated positive attitudes towards the sport, the provincial team and the sport.
- Demonstrate commitment to travel, training sessions, competitions, and any activities, commitments and functions related to the provincial team and personal improvement.

ON-THE-COURT ATTRIBUTES

- Demonstrated ability to play within a team environment, including the ability to contribute to and enhance team performance.
- Demonstrated physical work capacity (i.e. energy systems, agility, speed, power, explosiveness, endurance, and strength).
- Demonstrated medical (physical and mental health) and health & wellness required to compete at the provincial level.
- Demonstrated functional movement capacity required to meet provincial and national levels (e.g. balance, flexibility, functional mobility, trunk strength, posture, etc).
- Demonstrated basketball competency or potential to grow the basketball Four Factors including Scoring the Ball, Controlling the Ball, Rebounding the Ball, and Fouls). This also includes on court decision-making abilities and defensive skills and concepts.
- Demonstrated social/emotional pillars including leading yourself, giving energy, role acceptance and fulfillment, leading others, environmental conditions, communication, relationships, etc.).

In summary, the athlete must demonstrate competitive experience playing basketball at the provincial and national levels, including the ability to train and compete through the rigors of travel, and the ability to handle the emotional and personal demands of extended travel.

TEAM PLAY ATTRIBUTES

- Demonstrated ability to understand and apply the Canadian Style of Play.
- Demonstrated ability and willingness to work effectively and cooperate within the team environment.
- Demonstrated ability to contribute to overall team cohesiveness and to communicate effectively with coaching staff and other players both on and off the court.

- Demonstrated ability and willingness to implement the coaching staff's game plan.

PERSONAL ATTRIBUTES

- Proven optimal aerobic and anaerobic fitness, as well as optimal power, strength, quickness, speed and flexibility.
- Demonstrated cooperative and team-oriented attitudes.
- Demonstrated self-motivation, confidence, determination and goal-oriented nature.
- Demonstrated flexibility and adaptability to change.

The Selection Committee with input from the Canada Games Team coaching staff shall have complete discretion in the relative weighting and importance of the above criteria.

REQUIREMENTS TO REMAIN ON THE TEAM, ONCE SELECTED

Athletes who are selected to the final Canada Games Programs shall fulfill the following requirements in order to remain on the team. The Selection Committee in consultation with the head coach, may remove an athlete from the team if the athlete fails to fulfill these requirements.

- Selected athletes must sign the NLBA and Canada Games Forms.
- Selected athletes must be available for travel, training sessions, competitions, and any activities, commitments and functions related to the team.
- Selected athletes shall commit to a year-round training program as directed by the head coach and/or designates and shall demonstrate continuous improvement in fitness and skills development.
- Selected athletes will not be permitted to compete in other provincial/club elite sports once named to the team. ***This could lead to overtraining and place the athletes in a vulnerable position leading to injury.***

INJURIES

Should an athlete become injured prior to the try-out date, or should an athlete be injured at a try-out, the Selection Committee in consultation with the coaching staff have the discretion to invite the athlete to a later try-out or to a team training camp, so that the athlete may be evaluated at the earliest opportunity. As a condition of the athlete's continued participation in the selection process, the Committee and Head Coach may require that the athlete submit a written report from a certified therapist or medical practitioner describing the injury and providing an estimate of recovery time.

ALTERNATES

- Alternates may be named to the Canada Games Team if one of the following situations occurs:
- An injury to a selected Team member, which prevents an athlete to compete in the Games.

- If at any time, a selected Team member does not meet the Eligibility Criteria set out in the Selection Process.
- A selected Team Member is deemed “unfit”. Being deemed “unfit to compete” will be determined by, but is not limited to, any of the following factors:
 - Illness
 - Physical fitness
 - Level of health
 - Unrecovered injury
 - Competitive readiness
 - Failure to meet the Code of Conduct for Canada Summer Games or the NLBA.

Appeals Process

As per the NLBA Appeals process guidelines:

http://www.nlba.nf.ca/documents/NLBA_Policy_Manuel_2015.pdf

Updated
January 12, 2016