

APPENDIX “A” (DEFENCE)

Grades 4-6 Only

Player to Player Defence: (When a team is in the scoring area; at or inside the 3-point line)

- 1) Court Regions: The defensive court will be divided into three regions in the offensive end of the court as outlined in **Figure 1**. Two regions will extend from the side-line to the key area (wing). The third area will be comprised of the key and the area immediately in front of the key outline (channel).
- 2) Normal defensive position is considered to be within an arms-length of your offensive player. When the ball is in the channel area of the court, defenders must be within an arms-length of any offensive player at or within the 3-point line. See **Figure 2**. Defenders are not required to chase their offensive players outside the 3-point line. See **Figure 3**.
- 3) Weak Side Position: If the basketball is located on either wing region the defenders located on the opposite side of the ball (**weak side**) are permitted to occupy the adjacent area. See **Figures 4 & 5**.
- 4) **Ball Penetration:** Once “Ball Penetration” (passing, shooting or dribbling) occurs from the ball side, the opposite side defenders (weak side) are permitted to help by collapsing on the ball. Ball Penetration is defined as:
 - a. The offensive player dribbling past the defender.
 - b. Passing the ball into the post area.
 - c. Shooting the ball.
- 5) The easiest way to identify a zone is if an offensive player cuts from the weak side wing to the ball side wing without a defender following them. If they are not followed the defence is in a zone. See **Figures 6 & 7**.
- 6) These rules apply only when the basketball is in scoring range, not when the offensive team crosses centre-court.
- 7) Failure to comply with the above rules will result in:
 - First Offence – During a dead ball situation the Commissioner will inform the official and the coaches that they were playing a zone.
 - Second Offence – During a dead ball a technical foul will be assessed on the coach.
 - Third Offence – A second technical will be assessed to the coach (the coach will be removed from the game as per FIBA rules).
 - Fourth Offence – The game will continue, but will be a forfeit. The team will receive no points for the classification of this game. After two warnings from the officials the team will receive two free throws and the ball for each subsequent act.